

1. Psalms 42, 43, 73 and 88 are \_\_\_\_\_ Psalms.
2. Praying does not always change the situation, but it changes our \_\_\_\_\_ in the midst of pain.
3. In the Psalms that start at “help” and go to “thanks”, the Psalmist is \_\_\_\_\_.
4. \_\_\_\_\_ is a good discipline to have for focus, persistence and thankfulness.
5. Psalms 38-40 connect “the trouble we are in” with their own \_\_\_\_\_.
6. Psalm 39:6 is a good summary of the Book of \_\_\_\_\_.
7. A good title for Psalm 55 would be \_\_\_\_\_.
8. At base, theology gets pretty simple: God \_\_\_\_\_, God \_\_\_\_\_, God \_\_\_\_\_.
9. Except for Psalm 22, Psalm \_\_\_\_\_ is quoted more often in the NT than any other Psalm.
10. The common element in Psalms 69-71 is \_\_\_\_\_.

1. Psalms 42, 43, 73, and 88 are all HELP prayers.
2. Praying does not always change the situation, but it changes our RESPONSE in the midst of pain.
3. In the Psalms that start at “help” and go to “thanks”, the Psalmist is PRAYING THROUGH.
4. JOURNALING is a good discipline to have for focus, persistence and thankfulness.
5. Psalms 38-40 connect “the trouble we are in” with their own SIN.
6. Psalm 39:6 is a good summary of the Book of ECCLESIASTES.
7. A good title for Psalm 65 would be BETRAYED.
8. At base, theology gets pretty simple: God KNOWS, God CARES, God ACTS.
9. Except for Psalm 22, Psalm 69 is quoted in the NT more than any other Psalm.
10. The common element in Psalms 69-71 is HOPE.